

CASE MANAGERS, CASE COORDINATORS, ADJUDICATORS

1. We guarantee services within 24 to 48 hours from acceptance of the referral within Durham Region and Scarborough.
2. After a detailed assessment is completed, we will send you a comprehensive Care Plan detailing the patient's rehabilitation goals, specific clinical interventions and specified treatment timelines.
3. We use valid and reliable clinical tests to assess and monitor the patients progress on an ongoing basis. Clinical outcome measure results would be explained to the patient and their insurer to define rehabilitation progress and goal attainment.



Pickering Sports Medicine & Wellness Centre (Clinic)

Telephone: 905-839-8886
Fax: 905-839-8806
Email: pickeringssportsmedicine@bellnet.ca



Integrated Rehab Professionals (In-Home Rehabilitation Services)

Telephone: 905-839-5248
Fax: 905-839-8806
Email: Susan.Teengs@integratedrehab.org

1867 Valley Farm Road
(upper floor of Pickering Recreation Complex)
Pickering, Ontario
L1V 3Y7



Quality Therapy Services In-Home or In-Clinic in Durham Region



What rehabilitation services do you need at home or in our clinic?

- Physiotherapy
- Kinesiology
- Concussion Management
- Occupational Therapy
- Social Work
- Dietary
- Psychology
- Massage Therapy
- Acupuncture

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Telephone: 905-839-5248
Toll Free: 1-888-462-4849

What we can do for you!

You can access our services on a “fee for service basis” or with funding from the insurers listed below. Please phone us for assistance to access your rehabilitation service coverage.

1. Veteran Affairs Canada: We will speak to your Case Coordinator at VAC for approval of your treatment. We are a multi-disciplinary VAC clinic MDC: 033.
2. Motor Vehicle Accident: We will speak to the adjuster at your insurance company and seek approval for services.
3. Private insurance is available from a range of employers such as the Police, Royal Canadian Mounted Police, Ontario Provincial Police, Fire Services, Ontario Hydro, TTC employees or other work benefits available from private work benefits programs.
4. Work Injuries, WSIB coverage.
5. Publicly funded OHIP clinic.
6. Fee for service.



Please phone us if you need:

Physical Rehabilitation:

- Assessment and treatment to improve your pain, balance, strength or walking ability within your home and community.
- Prescription for a Rollator walker or other walking aid.
- Massage Therapy for stiff/sore muscles.
- Acupuncture for acute or chronic pain management.
- Work hardening and physical endurance training.
- Exercises and treatment of sports injuries, joint replacement surgery, fractures, arthritis, degenerative disc disease, sciatica, repetitive strain and overuse syndromes and other injuries affecting your comfort and function.
- Orthotics / Standard and Custom Bracing
- Pool Therapy

Complete Concussion Management

- Baseline testing for individuals or sports teams, post concussion treatment for brain injuries related to sports, work and motor vehicle accident.

Tel: Clinic: 905-839-8886

Tel: In-Home: 905-839-5248

Occupational Therapy:

- Advice on home accessibility and equipment to enhance your independence in the bathroom, bedroom, kitchen and other living spaces.
- Home modifications and funding advice/application support.
- Prescription for a wheelchair or scooter.
- Assistive Devices Program (ADP) eligibility assessment and application support.

Social Work, Psychology

- Psychological counseling for Post Traumatic Stress Disorder (PTSD) or other psychological issues.
- Grief or other supportive counseling.
- Education and support to help you manage a chronic illness or impairment.
- Assistance with housing and other funding applications.

Registered Dietician

- Professional advice on nutrition or special diets to enhance your health.